

## Glen Hills Lunch Menu

October 2021



Chicke Turke Muffin Yogur

Chicken Nuggets Turkey Hot Dog Muffin, Cheese, & Yogurt Pack

100% Fruit Juice Mixed Fruit Waffle Fries Baby Carrots

4

National Taco Day! Walking Taco Pizza Sticks w/ Marinara Muffin, Cheese, & Yogurt Pack 100% Fruit Juice

100% Fruit Juice Apple Slices Corn

Garbanzo Beans

5

Soft Beef Tacos Cheesy Pull Aparts w/ Salsa Sun Butter & Jelly Sandwich

Sliced Tomatoes Kickin' Pinto Beans Pears Applesauce 6

13

Cheese Pizza Hamburger Chicken Ranch Wrap

Green Peas Romaine Salad w/ Ranch Peaches Fresh Orange

BBQ Pork Rib Sub

Yellow Day! Fresh

**Dinner Roll** 

**Baked Beans** 

Celery Sticks

**Banana** 

**Applesauce** 

Popcorn Chicken w/

Turkey & Cheese Sub

7

Pancakes w/ Sausage Patties Turkey & Cheese Melt Taco Salad w/ Dinner Roll

Orange Juice Tater Tots Broccoli Applesauce 8

Fish Sticks w/ Tartar Sauce Cheeseburger Muffin, Cheese, & Yogurt Pack Mixed Fruit

Mixed Fruit 100% Fruit Juice Baby Carrots Baked Beans

11 NATIONAL SCHOOL 12
LUNCH WEEK! \*Chicken Nachos

\*Chicken Nuggets Hamburger Muffin, Cheese, & Yogurt Pack

Mashed Potatoes Corn 100% Fruit Juice Red Day! Strawberries

Pizza Sticks w/ Marinara Grilled Cheese Muffin, Cheese, & Yogurt Pack

Celery Sticks Sliced Carrots 100% Fruit Juice Mixed Fruit

25

26

Chicken Tenders Hamburger Muffin, Cheese, & Yogurt Pack

Mashed Potatoes 100% Fruit Juice Baby Carrots Mixed Fruit

try something new!

Turkey Hot Dog Peach Yogurt Parfait w/ Granola & Graham Crackers Broccoli

Orange day! Baby carrots
Peaches

Apple Slices

Chicken Fajita Chicken Patty

Parmesan Melt Sun Butter & jelly Sandwich

Kickin' Pinto Beans Romaine Salad Apple Slices Pears

Cheesy Pull Aparts w/

Turkey & Cheese Sub

Romaine Salad w/ Ranch

**Beef Nachos** 

Sliced Tomatoes

Salsa

Peaches

Apple Slices

20

Cheese Pizza BBQ Chicken Sandwich Turkey & Cheese Sandwich

French Fries Red Pepper Strips Fresh Apple Peaches

Day!

27 National Potato

Chicken Drumstick

**BBQ Pork Rib Sub** 

Sun Butter & jelly

Sandwich

**Baked Beans** 

Strawberries

Applesauce

Smile Potatoes

14

Waffles w/ Egg Omelet
\*Mini Corn Dogs
Popcorn Chicken Salad
w/ Dinner Roll

Orange Juice Smile Potatoes Green day! Green Beans Pears

21

28

French Toast Sticks w/ Syrup & Sausage Patties Hamburger Chicken & Cheese Salad w/ Dinner Roll

Tater Tots Orange Juice Green Beans Mixed Fruit

Pancakes w/ Egg Omelet Turkey & Cheese Melt Chicken Rach Wrap

Orange Juice Corn Cucumber Slices Pears Fish Patty Melt
Grilled Chicken Sandwich
Pretzel, Cheese, & Yogurt
Pack

100% Fruit Juice
Blue day! Blueberries

Baby Carrots
Green Peas

Dessert: Rainbow Sprinkle Cookie!

"Spooktacular"
Halloween Theme Meal!
"Spooky" Spicy Chicken
Patty

"Mummy" meatball Sub Make-Your-Own Cheese Pizza Bagel

"Freaky" Fruit Juice
Fall warm cinnamon apples
"Creepy" Corn
BOO! Baby Carrots

29

NO SCHOOL



Celebrate National School Lunch Week with us October 11-15th!

Our event "Taste the Rainbow" will feature a different color daily for fruits and vegetables and a fun educational opportunity for students to learn about the nutrition of fruit and vegetables and

\*We will also be serving some of our favorite school lunch entrees!

Looking for a part-time position? Work for Aramark! No nights, weekends, or holidays!

Contact Aramark at 414.351.7160 x 2145 or maritato-

meagan@aramark.com

Menu is based on product availability and is subject to change.

